

Suicide Prevention: Raising Awareness & Sharing Our Stories

Featuring Carol Graham



In an effort to bring awareness about suicide, the UK Office of Work-Life will host a one day conference on Tuesday, September 1, 2015. The event will feature guest speaker and Kentucky native, Carol Graham, wife of retired Major General Mark A. Graham, U.S. Army. Carol will discuss the stigma surrounding mental health and tell her powerful personal story. After losing two sons, both whom attended the University of Kentucky — Kevin to suicide and Jeffrey in combat— she and her husband channeled their grief into fighting the armed forces' suicide epidemic as chronicled in the book, *The Invisible Front: Love and Loss in an Era of Endless War*.

Who should attend?

Anyone interested in learning more about suicide awareness and prevention.

Tuesday, September 1, 2015 - W.T. Young Library on the UK Campus

8:15 a.m. - 8:45 a.m.

Check-In

8:45 a.m. - 10:00 a.m.

A Mother's Story, featuring **Carol Graham**

10:00 a.m. - 10:15 a.m.

Break

10:15 a.m. - 11:45 a.m.

Panel Discussion featuring **Carol Graham**; **Mary Bolin**, Ph.D., Director of UK Counseling Center; **Julie Cerel**, Ph.D., UK College of Social Work; **Melinda Moore**, Ph.D., ECU Department of Psychology, KSPG Chair; **Rebecca Sanford**, MSSA, LCSW, UK College of Social Work, SOS Group Facilitator; **Dr. Todd Cheever**, Associate Psychiatry Residency Program Director, Asst. Dean for Student Affairs, UK College of Medicine

11:45 a.m. - 1:00 p.m.

Lunch (on your own)

1:00 p.m. - 2:30 p.m.

Breakout Session — QPR Training (Question, Persuade & Refer) presented by **Mary Bolin**, Ph.D., Director of UK Counseling Center (*limited to 45 attendees*)

1:00 p.m. - 3:00 p.m.

Breakout Session — Journaling Workshop presented by **Ann Bassoni**, LCSW, UK Work+Life Connections Coordinator and **Rhonda Henry**, Director, Violence Intervention and Prevention Center (*limited to 12 attendees*)

More info and registration available at www.uky.edu/hr/work-life.

Presented By

UK Work-Life Office

UK College of Social Work

UK Work+Life Connections

UK Psychiatry

UK Counseling Center

EKU Department of Psychology

UK Violence Intervention & Prevention Center