

# JourneyPure

1401 Nicholasville Road  
Lexington, KY 40503  
859.368.8934

We are a treatment center specializing in treating co-occurring mental health and substance use disorders.

## **NOW OFFERING FREE ASSESSMENTS!**

\*A.M. Intensive Outpatient Treatment 9a.m.-12p.m.

\*P.M. Intensive Outpatient Treatment 6p.m.-9p.m.

\*Outpatient Treatment

\*Individual Therapy

\*Family Program 3:30-4:45p.m. (free, open to the public)

\*Free Coaching app for one year

**Accepting Passport, Anthem Medicaid, Wellcare, Aetna  
Better Health, & most major commercial insurances**

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# Get Healthy. Stay Healthy.

## JourneyPure is Kentucky's trusted source for drug and alcohol addiction treatment.

Through our inpatient facilities, outpatient centers, and proprietary services and technologies, JourneyPure delivers to Kentucky a continuum of integrated, high-quality addiction and mental health treatment to help each patient get and stay healthy.

### Medication-Assisted Treatment (MAT)

Select JourneyPure facilities offer Medication-Assisted Treatment (MAT), which employs FDA- approved medications, in combination with counseling and behavioral therapy, to provide an effective, holistic approach to addiction treatment.

### Freedom Program

We also offer in the Bluegrass State the Freedom Program, a patient-focused therapy serving current and former military service members living with substance use disorder and military-specific modalities, such as trauma. TRICARE is one of many major insurances that we gladly receive.

### Family Program

Through our Family Program, we allow the loved ones of our clients to stay for up to two days onsite. Clients also have continual contact with family members throughout their stay. Our chief aim is to set the standard in addiction and mental health treatment. We achieve this by deploying systems of care to those communities with the greatest need.

### Individualized, Integrated Care

Substance abuse and mental health issues go hand-in-hand for many people, resulting in what is known as "co-occurring disorders." These co-occurring disorders call for a more individualized and integrated treatment approach.

JourneyPure takes this individualized, integrated treatment approach, which has long proven to be associated with lower healthcare costs and better outcomes.

### Comprehensive Evaluations

At both our inpatient and outpatient facilities throughout Kentucky, JourneyPure staff perform comprehensive patient evaluations and assessments for all clients. By doing this, the client is assured he or she will receive the most efficient and appropriate care possible.

### Residential and Outpatient Clinics

Some addiction treatment is known as inpatient, meaning clients stay at a residential facility for a set period of time, usually 30 to 60 days. JourneyPure Bowling Green is our inpatient facility in Kentucky.

Other treatment can be arranged for those whose lives do not allow them to be away for so long. In Florida, JourneyPure's outpatient facilities include JourneyPure Louisville, JourneyPure Lexington, JourneyPure Elizabethtown, JourneyPure Paducah, and JourneyPure Danville .

### JourneyPure Coaching

Introduced as part of the post-treatment plan, JourneyPure Coaching calls for each of our counselors, or "coaches," to monitor clients through our JourneyPure Coaching™ app to ensure the client is sticking to the recovery plan. The proprietary app includes private, HIPAA-compliant real-time messaging between coach and client, as well as a daily recovery log, nutritional guidance, and collaborative care management with local healthcare providers. It's just one more reflection of our commitment to help people get healthy and stay healthy.





2349 Russellville Rd.  
Bowling Green, KY 42101

### Residential, Outpatient, PHP

[journeypurebowlinggreen.com](http://journeypurebowlinggreen.com)

JourneyPure Bowling Green is a premier addiction treatment center, providing therapy, treatment, and recovery services for various addictions. From our flagship residential facility to our partial hospitalization (PHP) and intensive outpatient (IOP) programs, we specialize in helping individuals with co-occurring mental health and substance use disorders by treating these conditions simultaneously. We employ an integrated model that includes innovative therapies, wellness strategies, and groundbreaking technology.

#### Our services include:

- Trauma-informed care
- Group, Individual, and Family counseling
- Relapse Prevention
- Recovery Coaching and Peer Support
- Art and experiential therapies
- Medically supervised detox
- Drug Testing/Monitoring



3430 Newburg R.  
Ste 208  
Louisville KY 40218

### Outpatient

[louisvilledrugrehab.com](http://louisvilledrugrehab.com)

JourneyPure Louisville is an intensive outpatient (IOP) facility that treats patients on the physical, psychological, and spiritual fronts so that recovery can take a lasting hold in people's lives. We believe that the strength and personalization of treatment directly impacts our clients' long-term success. Services provided include individual and group counseling.

#### Our services include:

- Group, Individual, and Family counseling
- Recovery Coaching and Peer Support
- Experiential Therapy
- Drug Testing/Monitoring



1401 Nicholasville Rd.  
Lexington KY 40503

### Outpatient

[journeypurelexington.com](http://journeypurelexington.com)

Located inside the campus of the University of Kentucky, JourneyPure Lexington takes an individualized approach to addiction and mental health treatment, enabling patients to understand their addiction "triggers" and co-occurring mental health issues in order to achieve long-term sobriety.

#### Our services include:

- Group, Individual, and Family counseling
- Recovery Coaching
- Experiential Therapy
- Drug Testing/Monitoring



790 North Dixie Ave.  
Ste B100  
Elizabethtown, KY 42701

### Outpatient, Batterers Intervention Program

[journeypureelizabethtown.com](http://journeypureelizabethtown.com)

Located down the road from Hardin Memorial Hospital, JourneyPure Elizabethtown provides a range of therapies to those living with substance use disorder and other mental health disorders, including anxiety, depression, trauma, and bipolar.

#### Our services include:

- 28-week Batterer's Intervention Program (BIP)
- Fulfill court-ordered assessments for alcohol and drug-related charges (by appointment).
- Group, Individual, and Family counseling
- Recovery Coaching
- Experiential Therapy
- Drug Testing/Monitoring



3229 Coleman Rd.  
Paducah, KY 42001

### Outpatient

[paducaharehab.com](http://paducaharehab.com)

JourneyPure Paducah's intensive outpatient treatment is designed to meet the addiction treatment needs of people while allowing for continued engagement in their daily responsibilities. In doing this, we provide solutions without sacrificing clients' integration in everyday life.

#### Our services include:

- Group, Individual, and Family counseling
- Recovery Coaching
- Experiential Therapy
- Drug Testing/Monitoring